

**November 20, 2017**

## **How's Your Health at Home: Frail Homebound Patients Reported Health Experience and Outcomes**

We used a web-based mixed methods survey (HowsYourHealth - Frail) to explore the health of frail older (78% age 80 or older) adults enrolled in a home-based primary care program in Vancouver, Canada. Sixty per cent of eligible respondents participated, representing over one quarter (92/350, 26.2%) of all individuals receiving the service. Despite high levels of co-morbidity and functional dependence, 50 per cent rated their health as good, very good, or excellent. Narrative responses to questions about end of life and living with illness are also described. Results suggest that greater focus on symptom management, and supporting social contact, may improve frail seniors' health.

Learning objectives:

1. To understand the challenges to measuring self-reported health in a very frail population
2. To understand the perceptions of health and healthcare among a sample of homebound elderly patients in Vancouver, BC

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Rounds are held weekly on Mondays from 12:00 pm to 1:00 pm in the VGH Research Pavilion, Room 700, 7<sup>th</sup> Floor, 828 West 10th Avenue, Vancouver, BC.

Visit [www.C2E2.ca](http://www.C2E2.ca) for information about previous and upcoming rounds. If you are interested in presenting or attending remotely please email [pamela.lee@ubc.ca](mailto:pamela.lee@ubc.ca).